



ST. JOHN'S NORWOOD
Chevy Chase-Bethesda

SAINT JOHN'S AT THE CROSSROADS

Volume 30 Number 2

September 28, 2014

www.stjohnsnorwood.org

Sunday Forum Fall Schedule

10:10 - 11:00 a.m. Parish Hall

Members of the Sunday Forum Committee have put together a fall program that reflects requests from parishioners including focus on families, spiritual discernment, conflict resolution and the criminal justice system. Students in J2A might find the talk on Teilhard de Chardin, paleontologist and Jesuit priest, relevant to their focus this year on science and faith. Once again we offer a combination of speakers, with some from St John's and some from outside our church community. We always welcome your suggestions and comments.

Anne Wake and Carolyn Peirce, co-chairs

Sept 28 Lenni Snyder LPC

"Reflections on Mindfulness/Meditation
from Childhood Through the Life Span"

Oct 5 John Haught from Georgetown University

to speak on Teilhard de Chardin

Oct 12 Top 10 Steps to Green a Church (or Your Home)--

from St. John's Eco Action Team

Oct 19 Charlie and Pauline Sullivan, co-directors of CURE

speak on the Criminal Justice System

Oct 26 Vision Team Report

Nov 2 Father Nicholas Amato

"Discerning God's Will in My Life"

Nov 9 Dr. Jim Osterhaus

Conflict Resolution within Families

Nov 16 Prof. Barbara Wien from American University

"International Conflict Resolution and
Peace-making Strategies"

Nov 23 Vision Team Report

Nov 30 Advent I - combined 10 am service—no forum

Advent Wreath-making—11am

Dec 7 Joe Gill and Listening Hearts

Dec 14 TBA

Dec 21 Christmas pageant - no forum

Dec 28 Combined Service - no forum

Rector's Corner

In the book entitled *The Five Love Languages*, the author, Gary Chapman, highlights that you can tell what someone else's love language is based on how they express love to you. For example, some people are gift givers, while others don't care as much about gifts but their love language is expressed through words of affirmation. The art in relationship is to discover what the other person's love language is, so that you can express your love to them in the most effective way - especially if their love language is different than yours. This reminds me of the story of a couple who, after 25 years of marriage, had an argument one day when one of them snaps at the other for placing before her yet another peanut butter and jelly sandwich made using the *ends* of the loaf of the bread. "I can't take this anymore!" She says to him with indignation, "I love peanut butter and Jelly sandwiches, but why do you always give me the ends of the loaf and not the normal slices (you know the full ones right in the middle)!" convinced that he's been selfish all these years. To her astonishment, however, the husband stares at her with a noticeable sadness in his eyes and says, "I'm so sorry...the ends are my favorite part!" The art of love, whether it's romantic love, or love between friends or family members, or siblings, is to learn the love language of the other; and often, one of the easiest ways to learn what that may be is to notice the way they express love to you.

My favorite quote of the week

In the day-to-day trenches of adult life, there is actually no such thing as atheism. There is no such thing as not worshipping. Everybody worships. The only choice we get is what to worship. -David Foster Wallace

Sari+

Building Community at the Crossroads of Faith and Life

Our members represent a variety of racial and ethnic backgrounds, nationalities, family configurations, sexual orientations, abilities, and religious traditions. Indeed, chances are that there's someone like you at St. John's. We are single, married, partnered, divorced, widowed, remarried, gay and lesbian, with and without children, empty nesters, old and young, and differently-abled; you name it - we are here.

**Outreach Sunday for
Transitional Housing Corporation (THC)
September 28**

There has been a 50% increase in family homelessness in Washington, D.C. since 2010. THC is trying to prevent families from becoming homeless by providing and creating more affordable housing in DC. For families that are homeless THC provides transitional, permanent supportive housing, and rapid rehousing options based on their need. You can help—all loose plate collections and checks made out to St. John's with THC on the memo line will be donated to THC.

Langdon Healy

St. John's Beechwood Road property has sold

Some who are newer to the parish may not have known that we own a rectory, so here is a bit of background: In 1952 the purchase of the Beechwood property was made possible by the Women of St. John's, through the provision of funds raised by the Opportunity Shop. For many decades it provided housing for the Rector of St. John's.

However, since 1993, it has been used only sparingly as the Rector's residence. As a rental property it has provided substantial income to the church and served as collateral for the chancel/organ loan. In 2013, a team was asked to review the ownership of the property.

In 2014 the decision was made to sell the property and use the proceeds to endow a fund that will support options for Rector housing. (To learn more about this project please visit St. John's website and click on "Members").

The property went on the market early this Summer with the asking price of \$1,195,000. After receiving offers from two buyers, we accepted an offer for \$1,235,000, minus approximately \$5600 for needed repairs.

St. John's net from the sale will exceed our initial goal. We will close on the property September 30.

Because of the dedicated work of several parishioners, this process has moved to completion in a remarkably efficient manner. It has, however, required a great deal of work behind the scenes for which we owe thanks to Scott Cotter, Bill Fry, Brad Kennedy, and Earle O'Donnell.

Roxy Wolfe, Junior Warden

Women's Book Group

The next meeting of the Women's Book Group will be Monday, Oct. 6, 2014, at 7:30 p.m. at the home of Lois Gutowski. Call Lois ([301 -229-9330](tel:301-229-9330)) for directions or any other questions. After 21 years (!), our book selections continue to focus on women authors of fiction, but we do also choose non-fiction and the occasional male author. Please join us, and bring your own suggestions for future readings. Following are the next four selections for anyone who want to read (or reserve copies) ahead.

10/6/14 Where'd You Go, Bernadette: a novel
by Maria Semple

11/3/14 The Storied Life of A.J. Fikry
by Gabrielle Zevin

12/1/14 In the Garden of Beasts: Love, Terror
and an American Family in Hitler's Berlin
by Erik Larsen

1/5/15 The Gallery of Vanished Husbands
by Natasha Solomons

Mary Chyun

Saturday, November 1 -- Hold that date!

Samaritan Ministry's annual gala is set for November 1, with the theme, "Stepping Out in Faith." This fundraiser, being held at Washington Episcopal School, features auctions - both live and silent, plus great food, drinks, music and fellowship with parishioners from churches across our diocese as well as the northern part of the Virginia diocese. Tickets are \$100 and benefit SMGW's *Next Step* program. For details or to donate an auction item, please see Liz Everhart, Langdon Healy, or Cecelia Smith.

**St. Francis Celebration
Pet Adoption Fair & Blessing of the Animals
October 5**

If you have room in your heart and your home for a pet that has been abandoned, lost, or surrendered please come to our Pet Adoption Fair from 2-5 PM and meet adoptable pets from the Montgomery County Humane Society. They will be bringing dogs, cats, and perhaps other small animals. Should you know of someone else who may be looking for a pet, please bring them along!

At 5 is our annual Blessing of the Animals. Please bring your pet(s) to this special service. All dogs should be leashed and all small animals should be in a secure carrier. Since we're on two busy streets, we don't want any escapees! If you feel your pet would be stressed by all the animals and people, please feel free to bring a picture instead. Children's stuffed pets are also welcome and deceased pets can be remembered as well.

-Nike Refshauge

Passages

“If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it.”

1 Cor. 12:26

We join in mourning the deaths of ...

Becca Jacobson

friend of Rodney Long and Molly Borders

Evelyn Myers

mother of Meredith Myers

Please contact the Office if you have a celebration, thanksgiving, sorrow, or other news to share.

The Altar Guild is looking for “Friends”

On September 28, we will have an open house at 10 am in the Sacristy (the little room next to the stairs to the Parish Hall) where preparations are made for worship services. We’d love to show you our organized cupboards or how to iron linens so the embroidered crosses stand out. Please consider serving on the Altar Guild and how you can “drop in” as a Friend of the Altar Guild—you might like it enough to become a full-fledged member of this joyful ministry.

Every worship service at St John’s begins and ends with the Altar Guild. Our 18-member team sets up for and cleans up after every service. And we’re looking for some help! We’re not necessarily asking for new members, we’re looking for “Friends!”

If you have attended the 5:00 service, you may be aware that a group of regular attendees sets up the Altar and chancel for that service. They are the original group of Altar Guild Friends. The after-11:15 Altar Guild group prepares everything for the 5:00 service in the sacristy and the 5:00 Friends take the items out and put them on the Altar. They also take everything back to the sacristy after the service.

We would like to extend the Friends concept to all of the other services. We’re looking for volunteers to lend a hand clearing the table, refilling candles, and generally helping in the sacristy from time to time. We need help immediately after each service. There will always be a regular Altar Guild member present to instruct and direct volunteers, and usually tasks are as simple as washing dishes.

--Barbara Ordway and Leslie Saltsman

Music Notes

Bless O Lord us thy servants, who minister in thy temple.

Grant that what we sing with our lips

we may believe in our hearts,

And what we believe in our hearts

we may show forth in our lives;

Through Jesus Christ our Lord. Amen.

The Chorister’s Prayer (printed above) is at the heart of St. John’s music program. It guides us in our work and reminds us that our purpose is not to entertain, but, through music, to point people to God.

Both the Alleluia and St. John’s choirs pray this prayer at the beginning of each rehearsal. Whether we are working on an anthem or hymn, the words that we “sing with our lips” act as our guide – shaping and directing how we phrase each line in the music.

The choirs often hear me say, “Sing it like you mean it!” My words (spoken only in kindness) are a gentle reminder that we need to “believe in our hearts” before the words of our songs will be heard as true thanks and praise to God.

- Anne Timpane

Sunday forum September 28

Lenni Snyder, LPC, will discuss the relationship between mindfulness and meditation and teach basic ways of using both across the life span. Ms. Snyder has studied with Jon Kabat Zinn and is trained as an instructor for yoga nidra.

Basket Weaving Class

November 8

We're so happy to announce that Debbi Zvanut and Jude Gallaher from Baskets in the Woods in New Tripoli, PA, will again be teaching a basket weaving class at St. John's. You are invited to join us in the parish hall on Saturday, November 8th, promptly at 9am until 4pm. There will be two baskets to select from. Debbi and Jude are wonderful and patient teachers so whether or not you have ever made a basket, this is the class for you. 20 participants is the limit so if you are interested, please pick up a flyer and a registration sheet in the West Avenue lobby and mail with payment to Debbi Zvanut. Definitely plan to bring your lunch when you come and have some fun. If you have questions or if you need a flyer and registration emailed directly to you, please contact Claudia Tidwell at claudiatidwell411@gmail.com.

SAINT JOHN'S AT THE CROSSROADS

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Calendar

Sunday September 28, 2014

Outreach Sunday for Transitional Housing Corp.

Shepherd's Table food preparation - Kitchen

- 8:00 am Holy Eucharist with sermon
St. Mary's Chapel
- 9:00-12:00 Parish Library Open
- 9:00 am Children's Chapel – Hines Hall
- 9:00 am Holy Eucharist with sermon and music
led by the Alleluia Choir - Nave
- 10:00 am Church School – classrooms
Adult Forum – Parish Hall
Lenni Snyder LPC discusses
Mindfulness and Meditation
- Bible Study – Library
- 11:15 am Holy Eucharist with sermon and music
led by the St. John's Choir - Nave
Eucharist – Nave
- 5:00 pm Come as You Are Eucharist - Nave
- 5:30 pm Youth Group – Youth Room

Monday – Friday September 29 – October 3, 2014

Parish Office open 9 am – 2 pm

Monday September 29, 2014

7:30 pm Outreach Committee—Library

Tuesday September 30, 2014

- 12 - 1:30 pm Church Staff – Rector's Office
- 4:00 pm Primary Choir – Choir Room
- 5:00 pm Children's Choir – Choir Room
- 7:00 pm Alleluia Choir – Choir Room
- 7:30 pm Pastoral Care Advisory Committee
– Lounge

Wednesday October 1, 2014

- 10:30 am Bible Study - Lounge
- 12:00 pm Holy Eucharist and Healing – Chapel
- 6:30 pm EfM - Lounge

Thursday October 2, 2014

- 6:00 pm Norwood Ringers – Choir Room
- 7:30 pm St. John's Choir – Choir Room

If you wish to be removed from the Saint John's mailing list, or no longer wish to receive the *Saint John's at the Crossroads* newsletter, please let the office know.

The next issue of *Crossroads* will be dated October 5, 2014,

Final article drafts must be submitted to the Parish Office by the *Sunday* prior to publication. One may e-mail articles to newsletter@stjohnsnorwood.org. Sending text in the body of the e-mail is preferred.

Sunday October 5, 2014

- 8:00 am Holy Eucharist with sermon
St. Mary's Chapel
- 9:00-12:00 Parish Library Open
- 9:00 am Children's Chapel – Hines Hall
- 9:00 am Holy Eucharist with sermon and music
led by the Alleluia Choir - Nave
- 10:00 am Church School – classrooms
Adult Forum – Parish Hall
John Haight, Georgetown University,
presents "Teilhard de Chardin"
- Bible Study – Library
- 11:15 am Holy Eucharist with sermon and music
led by the St. John's Choir - Nave
Eucharist – Nave
- 2:00-5:00 pm Pet Adoption Fair – Tower Lawn
- 5:00 pm Blessing of the Animals /Come As You Are
communion service - Nave
- 5:30 pm Youth Group – Youth Room

Get Crossroads by Email: If you would like to receive our newsletter, *St. John's at the Crossroads*, via email in place of the traditional paper copy, simply provide your email address in the space provided, and return this form to the church office.

Yes! Please send me the church newsletter via email. My name: _____

My email: (please PRINT clearly) _____

You may also email your request to: newsletter@stjohnsnorwood.org